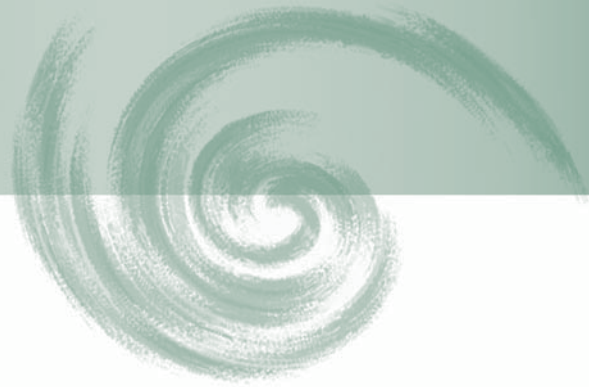


Research Opportunities



Teachers are invited to participate in a couple of research projects currently underway. The first invitation comes from Patrick Wakeford-Evans, long-time teacher at Rudolf Steiner College, who writes:

Please join my study exploring peak experiences in teachers during learning encounters with children. This phenomenon has been studied in artists, athletes, and musicians, but rarely among teachers. We all know that the meaningful encounters we have with children sustain us, as teachers, and give our lives meaning. I hope you will participate in this study, which is the basis for my doctoral dissertation. Follow the link below to my research website.

https://www.taskstream.com/ts/manager61/pwe_phd.

The second is a project sponsored by the Research Institute for Waldorf Education (RIWE) and coordinated by Elan Leibner, editor of RIWE's *Research Bulletin*:

Entitled "ActionWave" this project is an investigation of a method for creating systematic, rhythmic intervals of (intensity-modulated) activity and recovery, based on the research of cardiovascular surgeon Irving Dardik. In the context of Waldorf education, this project will attempt to codify "breathing" in the classroom through sequences of mostly higher-than-average-intensity action, followed by complete recovery. The first phase of the study has returned largely positive results, and we are looking to enlarge the number of teachers willing to try this methodology in their classrooms. Modest stipends are available for teachers participating in this research. For more information, contact Elan at:

waldorfresearchbulletin@gmail.com.